

**Special trainings:** You have come this far. Please plan to train with us as well.  
 Mar 18+20 Sensei Masataka Mori & Sensei Shu Takahashi

2011	Mar	come 30 min early	Invited Instructor	Location	Class	\$
Thursday	17	6:00 PM	Melarie Taylor & guests	Guy-Concordia ^	Advanced White, Yellow & up	10
Friday	18	5:00 PM	Takahashi Sensei	Van Horne #	Advanced White, Yellow & Orange	10/20
Friday	18	6:00 PM	Takahashi Sensei	Van Horne #	Green & up	10/20
Friday	18	7:00 PM	Mori Sensei	Loyola *	Green & up	20
COMP Saturday	ET	ITION		Loyola *	All/Tous	25/35
Sunday	20	9:00 AM	Mori Sensei	Guy-Concordia^	Green & up	20
Monday	21	6:00 PM	Melarie Taylor & Guests	Guy-Concordia^	Orange & up	10

^ Concordia University **SirGeorge Campus 1515SteCatherineStW**  
 Le Gym Room S2.202 848-2424 #3860 (Metro Guy Green Line)

# Loisirs Sportifs Côte des Neiges 4880 Van Horne 514-342-9988  
 (WEST of Victoria - Metro Plamondon (orange line) or bus #161, bus #124)

\* Competition Gym Loyola Campus 7200 Sherbrooke St West  
 (corner Westmore, NDG) 848-2424#3858 (Metro Vendome Orange Line & bus #105) Parking meters .